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# Tomatoes, Potatoes, Corn, And Beans: How The Foods Of The Americas Changed Eating Arou 



## Synopsis

Provides a close-up look at the various foods--including potatoes, corn, beans, tomatoes, chili peppers, squash, and peanuts--that originated in the New World and explains how they each made their way to Europe and changed eating habits in various regions of the world.

## Book Information

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## Customer Reviews

This book is easy to read and gives the histories of foods native to the Americas. It talks about corn, beans, peppers, potatoes, peanuts, tomatoes and chocolate in a lot of detail and mentions other foods briefly as well. It's not too long or difficult to get through.

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